

As we make all our food fresh and daily within our kitchens it means that we often handle lots of different allergens. Whilst we aim to prevent any cross contamination, unfortunately the risk of this does remain as our chefs handle several allergens throughout the day. We therefore cannot guarantee that our dishes are allergen free or suitable for people with allergies.

If you have an allergy or intolerance, please let an Elf know before you order so that they can help you choose suitable dishes.



Green means that this dish contains the allergen within an ingredient that can be removed or modified.





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M


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PLUMES PANTRY																	
DISH	Calorific Values	Celery	Cereals/ Gluten (Wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegan	Vegetarian
Homemade Sausage Roll Old spot pork and caramelised apples	375 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk									
Plant based Sausage Roll Sweet potato, cracked wheat, chickpea, sage and red onion	689 Kcal		Cereals/ Gluten (Wheat)													Vegan	
Breakfast Pastries Croissant, Pain au Chocolate	284/ 203 Kcal		Cereals/ Gluten (Wheat)					Milk						Soya			Vegetarian
Vegan Croissant	297 Kcal		Cereals/ Gluten (Wheat)													Vegan	
Muffins Triple Chocolate Tulip Muffin, Blueberry Crumble Tulip Muffin	562/ 490 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian
Homemade Warm Mince Pie (Contains alcohol - brandy cooked out)	777 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian
The Marshmallow Lolly Marshmallow on a stick, coated in milk chocolate and sprinkles	498 Kcal							Milk						Soya			
Cookies Triple Chocolate or White Choc & Raspberry	367/ 354 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian
Rocky Road Chocolate, Marshmallow and Biscuit	683 Kcal		Cereals/ Gluten (Wheat)					Milk						Soya	Sulphur Dioxide		Vegetarian
Chocolate Brownie Homemade to a secret Lapland Recipe, finger licking stuff	1788 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian


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
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MULBERRY'S																
DISH	Celery	Cereals/ Gluten (Wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegan	Vegetarian
The Lapland Hot Chocolate Hot Chocolate, Cream, Chocolate Shavings, Chocolate Straw, Chocolate Coin & Glittering Chocolate							Milk						Soya			Vegetarian
Elflet Hot Chocolate Hot Chocolate, Cream, Raspberries, Chocolate Popping Candy							Milk						Soya			Vegetarian
Cappuccino, Latte, Flat White							Milk									Vegetarian
Mulled Wine																
Alcohol Free Winter Punch																
Prosecco, White, Red & Rose																
Local Lager, IPA & 0% Lager																
Canned Water																
Soft drinks (Coke, Diet Coke, Innocent Smoothie, Folkingtons Cloudy Apple Juice or Orange Juice, San Pellegrino Orange, Cawston Kids Summer Berry)																

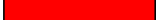
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ELVEN GOURMET BURGERS																	
DISH	Calorific Values	Celery	Cereals/ Gluten (Wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegan	Vegetarian
Double Beef Burger with Bacon Jam, Cheese & Fries Local reared beef, grilled cheddar, bacon jam, dill pickles, crispy onions and shredded lettuce, served in a brioche bun with fries	718 Kcal		Cereals/ Gluten (Wheat) Brioche Bun & Crispy Onions		Eggs			Milk									
Buttermilk Fried Chicken Burger & Fries Buttermilk fried chicken, winterslaw, smoked aioli served in a brioche bun with fries	455 KCal		Cereals/ Gluten (Wheat)		Eggs			Milk									
Sweet Potato & Courgette, Chickpea Burger & Fries Sweet potato and , winter slaw, smoked aioli served in a brioche bun with fries	898 Kcal		Cereals/ Gluten (Wheat) Brioche Bun													Vegan	
Warm Buttermilk Chicken Ceasar Salad Warm Buttermilk fried chicken, crispy baby gem lettuce, pickled red onions, croutons and a classic Caesar dressing	588 Kcal		Cereals/ Gluten (Wheat)		Eggs	Fish		Milk		Mustard							
Small Folk Cheese Burger & Fries Single layer local reared cheese burger with lettuce and ketchup served in a brioche bun with fries	603 Kcal		Cereals/ Gluten (Wheat) Brioche Bun		Eggs			Milk									
Small Folk Fried Chicken Burger & Fries Small Folk Buttermilk Fried Chicken Burger, served in a brioche bun with fries	609 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk									
Small Folk Sweet Potato & Courgette Burger & Fries Plant based patty served with ketchup in a mini brioche bun with fries (vegan)	464Kcal		Cereals/ Gluten (Wheat) Brioche Bun													Vegan	
Portion of Fries Portion of fries with a sachet of Stokes sauce	291															Vegan	


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MAC & CHEESE																	
DISH	Calorific Values	Celery	Cereals/ Gluten (Wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegan	Vegetarian
Big Folk Mac & Cheese 3 Cheese mac topped with a parmesan bread crumb and choice of 2 toppings	1062 Kcal		Cereals/ Gluten (Wheat) Pasta					Milk									
Small Folk Mac & Cheese Served with a choice of 1 topping			Cereals/ Gluten (Wheat) Pasta					Milk									
Plant Based Mac & Cheese Creamy 'cheese' sauce topped with a parmesan bread crumb & choice of 2 toppings and 1 sauce	815 Kcal		Cereals/ Gluten (Wheat) Pasta													Vegan	
Toppings: Crispy Bacon, Chestnut Mushrooms, Roasted Red Peppers, Harissa Roasted Butternut Squash, Wilted Spinach																	


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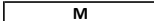
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DOUGH'S PIZZA HOUSE																	
DISH	Calorific Values	Celery	Cereals/ Gluten (Wheat)	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide	Vegan	Vegetarian
Pizza - Margherita 8" sourdough base, tomato sauce, torn mozzarella, topped with fresh basil	613 Kcal		Cereals/ Gluten (Wheat)					Milk									Vegetarian
Pepperoni Pizza	728 Kcal		Cereals/ Gluten (Wheat)					Milk									
Pepperoni, jalapeños and Rocket Pizza	827 Kcal		Cereals/ Gluten (Wheat)					Milk									
Plant Based Pizza Harissa Roasted Butternut Squash, Basil Oil, Rocket, Vegan Mozzarella	667 Kcal		Cereals/ Gluten (Wheat)													Vegan	


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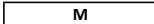
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PICKLE'S SAUSAGES																	
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Mighty 10" Bratwurst with Pulled Pork, Cheese Sauce, Ale Braised Onions, Mustard & Crispy Onions	897 Kcal	Celery	Cereals/ Gluten (Wheat) Brioche Roll & Crispy Onions							Mustard							
Regular 7" Bratwurst with or without Ale Braised Onions	665 Kcal		Cereals/ Gluten (Wheat) Brioche Roll & Crispy Onions														
Mighty Plant Based Bratwurst with Pulled Jack Fruit, Vegan Cheese Sauce, Beer Braised Onions, Mustard, Crispy Onions & Vegan Bun	586 Kcal		Cereals/ Gluten (Wheat) Brioche Roll & Crispy Onions							Mustard						Vegan	
Regular Plant Based Bratwurst with or without Ale Braised Onions, Vegan Bun	356 Kcal		Cereals/ Gluten (Wheat) Brioche Roll & Crispy Onions													Vegan	
Small Folk Hot Dog with or without Mustard & Ketchup	358 Kcal		Cereals/ Gluten (Wheat) Brioche Roll & Crispy Onions		Eggs			Milk									
Bacon Roll served before 11am	224 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk									


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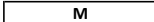
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PIPPY'S PANTRY																	
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THE LAPLAND CRUMBLE																	
STEP ONE:																	
Crumble topping			Cereals/ Gluten (Wheat)					Milk									
Apple and Mixed Berry	934 Kcal																
Rhubarb and Plum	682 Kcal																
STEP TWO:																	
Soft Serve Ice Cream								Milk									
Vanilla Custard								Milk									
TOPPINGS:																	
Vanilla Meringue					Eggs												
Honeycombe																	
Ginger Biscuit			Cereals/ Gluten (Wheat)														
S'mores (Biscuit, Chocolate Shavings, Marshmallows)			Cereals/ Gluten (Wheat)					Milk						Soya			
Freeze Dried Raspberries															Sulphur Dioxide		
Banana Chips															Sulphur Dioxide		
Dried Cranberries															Sulphur Dioxide		
Salted Caramel Sauce																	
Homemade Rhubarb Syrup																	
HOT MINI DOUGHNUT HOLES																	
8 or 16 Warm Vanilla Doughnut Holes covered in sugar or cinnamon sugar with your choice of toppings for the above			Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			
THE BAKERY																	
Homemade Warm Mince Pie Mince pies, served warm with soft serve vanilla Ice Cream. Contains alcohol - brandy cooked out.	777 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian
The Marshmallow Lolly Marshmallow on a stick, coated in milk chocolate and sprinkles	777 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian
Cookies Triple Chocolate or White Choc & Raspberry	367/ 354 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian
Rocky Road Chocolate, Marshmallow and Biscuit	683 Kcal		Cereals/ Gluten (Wheat)					Milk						Soya	Sulphur Dioxide		Vegetarian
Chocolate Brownie Homemade to a secret Lapland Recipe, finger licking stuff	1788 Kcal		Cereals/ Gluten (Wheat)		Eggs			Milk						Soya			Vegetarian

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